

Evidence-Based Integrated Care Plan

EVIDENCE-BASED INTEGRATED CARE PLAN



A Guide for Dental & Medical Professionals

 **DELTA DENTAL**[®]

Enhanced Dental Benefits

More than 3,800 employer groups have added Delta Dental of Wisconsin's Evidence-Based Integrated Care Plan (EBICP) to their dental benefit plans. EBICP provides enhanced dental benefits for pregnant women; people with kidney failure, diabetes, periodontal disease, specific high risk cardiac conditions, or suppressed immune system conditions; and people undergoing dialysis, cancer-related chemotherapy, and/or radiation treatments.

EBICP addresses the unique oral-health challenges faced by people with these conditions, and can also play an important role in the management of an individual's medical condition.

Patients who qualify for EBICP must enroll to receive the enhanced benefits. Online enrollment is easy, and may be completed by the patient or the dentist. Enhanced benefits are available as soon as EBICP enrollment is acknowledged.



How to Enroll a Patient

1. Go to www.deltadentalwi.com and click on "I am a Dentist."
2. Log in with your user name and password. (If you don't have a user name and password, click on "New to Delta Dental? Enroll Here" to get registered.)
3. Click on "Patient Information," then on "Enroll Patient in EBICP."
4. Enter the patient's Last Name and Date of Birth, or Member Number and Date of Birth. If the patient's dental plan does not include EBICP, you will receive an error message. If the patient's dental plan does include EBICP, you will see an enrollment screen.
5. Select the "Member" and "Health Condition" from the drop down menus and check the box to verify that the information is true and accurate.
6. Click on "Submit," and "Confirm." The Enhanced Benefits screen will show the member name, health condition, and the associated enhanced benefit details.

You may also enroll a patient by calling Delta Dental's Benefit Center at 800-236-3712.

EBICP – Qualifying Conditions

High-Risk Cardiac Conditions

Maintaining good oral health and eliminating oral disease decreases a cardiac-risk patient's chances of contracting Infective Endocarditis (IE), a disease where bacteria colonize in the tissues of the heart.

Patients with any of the following conditions are eligible for up to two additional visits in a benefit year for periodontal maintenance or adult prophylaxis:

- History of infective endocarditis
- Certain congenital heart defects
- Artificial heart valves, shunts, or conduits
- Heart valve defects
- Hypertrophic cardiomyopathy
- Mitral valve prolapse

Suppressed-Immune-System Conditions

Oral complications can increase both treatment costs and morbidity rates in individuals with suppressed immune systems. Even common conditions like dry mouth and dental decay can be indicators of more serious problems.

Patients who have suppressed immune systems are eligible for up to two additional visits in a benefit year for periodontal maintenance or adult prophylaxis, as well as topical fluoride application beyond the age limitation of the group contract (contractual frequency limit for topical fluoride application applies).

Periodontal Disease

Studies have shown that a greater frequency of periodontal maintenance can reduce the need for repeating periodontal surgery.

Patients with periodontal disease are eligible for up to two additional visits in a benefit year for periodontal maintenance or adult prophylaxis, as well as topical fluoride application beyond the age limitation of the group contract (contract frequency for topical fluoride application applies).

Note: Patients are automatically enrolled in EBICP with the periodontal disease indicator when they have a claim for a periodontal procedure (surgical or non-surgical) processed by Delta Dental of Wisconsin.

Kidney Failure or Dialysis

Studies have shown that individuals with kidney disease have a higher prevalence of periodontal disease and tooth loss, and that the severity of these oral health issues is typically related to the level of kidney dysfunction.

Patients with kidney failure or those receiving dialysis are eligible for up to two additional visits in a benefit year for periodontal maintenance or adult prophylaxis.

Cancer Therapy

Oral health tends to be a difficult challenge for some cancer patients. Oral pain, gum infections, rapid tooth decay, and dry mouth are among the side effects associated with radiation and chemotherapy.

Patients undergoing cancer therapy are eligible for up to two additional visits in a benefit year for periodontal maintenance or adult prophylaxis, as well as topical fluoride application beyond the age limitation of the group contract (contractual frequency for topical fluoride application applies).

Diabetes

Evidence has shown a greater prevalence, incidence, severity, extent, and/or progression of periodontal disease in diabetics.

Patients with diabetes are eligible for up to two additional visits in a benefit year for periodontal maintenance or adult prophylaxis.

Pregnancy

Pregnant women are more susceptible to periodontal disease. It is beneficial for pregnant women to maintain a commitment to good oral health.

Pregnant women are eligible for one additional visit for periodontal maintenance or adult prophylaxis during the pregnancy.

